

# Traditional Ritual Dances ✨ 27 April - 11 May 2016

✨ Celebrate Greek Easter: 2-week Dance & Culture Holiday ✨

With Laura Shannon, guest teachers & musicians on the magical island of Lesbos

A unique 2-week dance and culture holiday for men and women, to celebrate Greek Easter, with Greek, Balkan and Armenian dances. We will enjoy traditional Easter celebrations as well as the sea, hot springs, and sacred sites, with plenty of time to relax and enjoy. Exquisite and sensitive live music will be provided by Kostantis Kourmadias and Nikolas Angelopoulos. Local teacher Rena Grigoriou will share Greek dances from Molivos and Asia Minor, and feminist theologian Carol P. Christ will give a talk on the Goddess in ancient Greece.



Milelja Island-Garden near Molivos is a beautiful retreat centre with a wonderful setting, excellent food, lovely rooms, and welcoming staff. It has an octagonal dance temple, ancient oak and olive trees, a pure spring-fed swimming pool, a labyrinth, shady and sunny terraces, and a fabulous view of ancient Molivos. It is 20 minutes from the sea, a perfect place for a dance retreat. See [www.Milelja-Inselgarten.com](http://www.Milelja-Inselgarten.com)



Traditional ritual dances are among the oldest circle dances. Simple yet profound, they celebrate the sacredness of the natural world, and help us reconnect with ourselves, each other and the cycles of life. Coming from cultures which have survived many periods of transition, these dances can wisely and joyfully guide us through life changes, as well as the inner journey of the Easter mysteries.

The workshop is **open to women & men with dance experience**.

Non-dancing partners are welcome (ask for prices).

Course language is English, with limited translation into German.

Cost: 695€ if deposit paid by February 1, 2016; 795€ thereafter.

To book: [laura@laurashannon.net](mailto:laura@laurashannon.net)



The course price includes all dance lessons, one full-day excursion to dance in a sacred site, including a picnic lunch, arrival dinner, farewell dinner and our Easter celebration. Drinks, lunches, taverna evenings, airport transfers and tips are not included. Accommodation for the 2-week course is in comfortable rooms (all with ensuite shower / WC), in wooden Roma-caravans, or in studios with kitchenette. Room prices range from €580-640 per person (double); €770-840 (single); and include the delicious, abundant breakfast buffet. Arrival: Wednesday 27 April after 15.00. The workshop begins with a light dinner at 19.00, dancing at 20.00. Departure: Wed. 11 May after breakfast. You have the option to stay up to 4 extra nights in Milelja before the seminar, from Saturday April 23, or up to one week after (until May 18). Ursula Hasenburg in Milelja can help arrange extra accommodation: [ursula@milelja-inselgarten.com](mailto:ursula@milelja-inselgarten.com). You must arrange your own flights to Mytilene (Lesvos).



To confirm, send a deposit of €250 to: Laura Shannon

Volksbank Steyerberg Account: 2093100 BLZ: 25662540

BIC: GENODEF1STY IBAN: DE28256625400002093100

Balance is due in cash on arrival. Contact Laura if you wish to pay in US or UK funds.